



ASIA PACIFIC CENTER FOR  
EVIDENCE BASED HEALTHCARE

## Should mesenchymal stem cell therapy be used in the treatment of COVID-19?

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**Date of Review:** 13-May-2020 (version #1)

**Last Updated:** 13-May-2020 (version #1)

### KEY FINDINGS

There is some short-term benefit from the use of mesenchymal stem cell therapy for severe COVID-19 in a low-quality small randomized controlled trial. This needs further study to confirm benefit and safety.

- In COVID-19, severe disease is attributed to uncontrolled viral replication and cellular destruction, hyperactivity of the inflammatory response (cytokine storm), and hypercoagulability. Mesenchymal stem cell therapy (MSCs) is a relatively novel treatment with broad pharmacological effects, including anti-inflammatory, immunomodulatory, regenerative, pro-angiogenic and anti-fibrotic properties. (1) A recent review showed improved disease-associated parameters in experimental acute respiratory distress syndrome (ARDS). (2)
- We found three studies (one case report and two small clinical trials) reporting the effects of MSC on COVID-19.
- There are 52 registered and ongoing clinical trials to investigate the efficacy and safety of mesenchymal stem cells as treatment for COVID-19.
- Mesenchymal stem cell therapy is not included in any of the existing guidelines for the treatment of COVID-19.

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**Disclaimer:** The aim of these rapid reviews is to retrieve, appraise, summarize and update the available evidence on COVID-related health technology. The reviews have not been externally peer-reviewed; they should not replace individual clinical judgement and the sources cited should be checked. The views expressed represent the views of the authors and not necessarily those of their host institutions. The views are not a substitute for professional medical advice.

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## RESULTS

Liang et al 2020 reported his experience in treating a 65-year old woman with critical COVID-19. Within two days after completing three infusions of human UC-derived MSC, the patient was stable enough to be transferred out of the ICU. Throat swab was negative for the virus after the last infusion.

Leng et al 2020 found that after intravenous injection of MSCs, there was a significant decrease in serum pro-inflammatory cytokine TNF- $\alpha$  and a significant increase in anti-inflammatory cytokine IL-10 ( $p < 0.05$ ). The serum levels of chemokines like IP-10 and growth factor VEGF were both increased, though not significantly. All 7 patients in the intervention group recovered or were discharged from the hospital in 1-3 days after MSC infusion, while in the control group, one died, one had ARDS, and one had stable severe disease.

Shu et al described that none of 12 patients given hUC-MSC had clinical deterioration, while 4 of the 29 in the control group deteriorated and three of them died. There was a significantly shorter length of hospital stay (around 50% reduction in hospital days,  $p < 0.006$ ) in the hUC-MSC group, in both  $< 65$  years and  $\geq 65$  years old groups. On Day 7 post-infusion, 58% of the hUC-MSC group had symptom relief and 66% were off oxygen supplementation compared to 3.5% and 10.34%, respectively, in the control group ( $p = 0.02$  and  $p = 0.002$ , respectively). In hUC-MSC treatment group, clinical symptoms of weakness and fatigue, shortness of breath, and low oxygen saturation improved beginning on the third day of stem cells infusion, and reached a significant difference on day 7 ( $p = 0.02$ ). Reduction in CRP and IL-6 and increase in lymphocyte count were significant beginning at Day 3 post-infusion and improvement in oxygen saturation significant from Day 7 post-infusion ( $p < 0.001$ ). Resolution of lung inflammation seen on CT imaging was also faster. However, over-all clinical improvement and mortality were not significantly different between the MSC and the control groups on Day 28.

Leng et al did not observe any infusion reactions or hypersensitivity during the course of hospitalization. Liang and Shu did not report the presence or absence of any adverse reactions during the short observation period of two weeks.

## CONCLUSION

Based on low-quality evidence, it appears that human umbilical cord blood-derived MSC, given to severe and critical COVID-19 patients after failure to improve with standard treatment, has beneficial effects in terms of earlier onset of clinical improvement. However, 28-day clinical improvement and mortality are not significantly different compared to standard treatment. There is no reported adverse reaction.

The efficacy and safety of MSC for COVID-19 need to be confirmed through randomized controlled trials; several of which are ongoing.

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**Table 1. Characteristics of included studies**

| N o. | Title/Author   | Study design         | Country | Population  | Intervention Group(s)  | Comparison Group(s)                                 | Outcomes   | Key findings   |
|------|--|----------------------|---------|---|--|---|--|--|
| 1    | Shu et al 2020<br>Treatment of Severe COVID-19 with human Umbilical Cord Mesenchymal Stem Cells                                | RCT, open-label      | China   | Confirmed COVID-19 with severe disease* whose symptoms were not alleviated after 7-10 days of standard therapy<br><br>Exclusion: any kind of cancer, severe liver disease, known allergy or hypersensitivity to hUC-MSCs, and other conditions that the clinician deems inappropriate to participate. | Human umbilical cord mesenchymal stem cells infusion group, $2 \times 10^6$ cells/kg weight over an hour (hUC-MSCs group) and standard therapy, n=12                                       | Standard therapy, n=29                              | Death, 28-day<br><br>Worsened to critical<br><br>Median time to clinical improvement, days<br><br>Days to clinical improvement<br>Age <65 years<br>Age >65 years<br><br>Day 7 Symptom relief Without Oxygen supplement<br><br>D28 clinical improvement | 0/12 (hUC) vs 3/29 (10.34%)<br><br>0/12 (hUC) vs 4/29 (13.79%)<br><br>9 (hUC) vs 14 days P=0.006<br><br>6 (3,7) vs 12 (7.25, 15.5) days<br>13 (11.75,14) vs 23 (18.5, 29) days<br><br>58.33% vs 3.45%, p=0.02<br>66.67% vs 10.34% p=0.002<br><br>100% vs 86.21%, p=0.32  |
| 2    | Liang B 2020<br>Clinical remission of a critically ill COVID-19 patient treated by human umbilical cord mesenchymal stem cells | Case report          | China   | Critical COVID-19 with multi-organ failure  | Standard treatment pre-hUCMSC** Plus allogenic hUCMSCs produced under GMP condition administrated intravenously for three times (5x10 <sup>7</sup> cells each time) on D12, 15, 18 illness | none  | ICU confinement<br>Virus detection   | Transferred out of ICU and negative virus on swab on D20 of illness  |
| 3    | Leng Z 2020<br>Transplantation of ACE2-Mesenchymal Stem Cells Improves the Outcome of Patients with COVID-                     | Non-randomized trial | China   | 10 patients with confirmed COVID-19 with no response to standard therapy Excluded- cancer, critical COVID, participation in clinical trial within 3 months  | Standard therapy plus MSc $1 \times 10^6$ cells/ kilogram of weight infused in 40 min, n=7 patients<br>1-Critically severe<br>4-severe<br>2- common  | Standard therapy, placebo infusion n=3 severe COVID | primary safety data (infusional and allergic reactions, secondary infection and life-threatening adverse events) and the primary efficacy data (the level of the cytokines variation, the level of C-reactive protein in plasma and the oxygen         | No infusion reactions in all. After intravenous injection of MSCs, the decrease ratio of serum pro-inflammatory cytokine TNF- $\alpha$ before and after MSC treatment was significant (p<0.05). Meanwhile, the increase ratio of anti-inflammatory IL-10 (p<0.05) also showed remarkably in the MSC treatment group. The serum |

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|  | 19<br>Pneumonia |  |  |  |  |  | saturation). The secondary efficacy outcomes mainly included the total lymphocyte count and subpopulations, the chest CT, the respiratory rate, and the patient symptoms | levels of chemokines like IP-10 and growth factor VEGF were both increased, though not significantly. All 7 patients recovered/discharged in 1-3 days after MSc infusion while in control group, 1 died, 1 had ARDS, 1 stable severe. |
|--|-----------------|--|--|--|--|--|--|---|

\*Severe COVID-19: any of the following-(a) respiratory distress, respiration rate (RR)  $\geq$  30 times / min; (b) the oxygen saturation  $\leq$  93% in the resting state; (c) PaO<sub>2</sub> / FiO<sub>2</sub>  $\leq$  300 mmHg (1mmHg = 0.133 kPa).

\*\* lopinavir/ritonavir, IFN-  $\alpha$  inhalation and oseltamivir (oseltamivir given only once), and IV moxifloxacin, Xuebijing, methylprednisolone, and immunog

**Table 2. Characteristics of clinical trials**

| No | Clinical Trial ID / Title | Status         | Start and estimated primary completion date | Study design                           | Country | Population   | Intervention Group(s)  | Comparison Group(s)            | Outcomes  |
|----|---------------------------|----------------|---|--|---------|--|--|--------------------------------|---|
| 1  | ChiCTR2000030173          | Not Recruiting | 2/17/2020 - 4/17/2020                       | Interventional study (Parallel)        | China   | Patients with signs and symptoms and confirmed COVID-19; informed consent  | Umbilical cord mesenchymal cells (Nt=30)                       | Conventional treatment (Nc=30) | pulmonary function; Novel coronavirus pneumonic nucleic acid test                             |
| 2  | ChiCTR2000030116          | Recruiting     | 2/01/2020 - 8/31/2020                       | Interventional study (Dose comparison) | China   | Patients 5-7 days in the ICU, with ARDS needing intubation, primary disease caused by NCoV infection; imaging shows bilateral lung lesions, informed consent | Different stem cell doses                                      | Different stem cell doses      | Time to leave ventilator on day 28 after receiving MSCs infusion                              |
| 3  | ChiCTR2000030138          | Not Recruiting | 2/24/2020 - 5/31/2020                       | Interventional study (Parallel)        | China   | Patients with confirmed COVID-19 (RT-PCR and imaging of pneumonia); informed consent   | Intravenous hUCMSC   | Routine treatment + placebo    | Clinical index  |
| 4  | ChiCTR2000030088          | Not Recruiting | 3/01/2020 - 12/31/2020                      | Interventional study (Parallel)        | China   | Confirmed critical cases of NCoV pneumonia   | Wharton's Jelly mesenchymal stem cells (1x10 <sup>6</sup> /kg) | Saline                         | nucleic acid of the novel coronavirus is negative; CT scan of ground glass shadow disappeared |
| 5  | ChiCTR2000030020          | Recruiting     | February 6, 2020 to February 5, 2022        | Case Series                            | China   | Confirmed critical cases of NCoV pneumonia or COVID suspect based on panel   | Mesenchymal stem cell therapy                                  | --                             | Coronavirus nucleic acid markers negative rate (primary); trough and peak of FEV1 (secondary) |
| 6  | ChiCTR2000029990          | Recruiting     | January 1, 2020 to March 31, 2020           | Interventional study (Parallel)        | China   | Patients with confirmed COVID-19 (RT-PCR and imaging of pneumonia); moderate to severe cases of NCoV pneumonia ; informed consent                            | Mesenchymal stem cell  | Saline                         | Improved respiratory system function (blood oxygen saturation) recovery time (primary)        |

|    |                        |                |  |                                   |       |  |   |   |  |
|----|------------------------|----------------|--|-----------------------------------|-------|--|---|---|--|
| 7  | ChiCTR2000030261       | Not Recruiting | February 28, 2020 to May 31, 2020 to   | Interventional study (Parallel)   | China | Patients with confirmed COVID-19 (symptoms, RT-PCR, exposure within 14 days from symptoms onset)   | Inhaled mesenchymal stem cell exosomes                                    | --  | Lung CT (primary), nucleic acid, Leukocytes and lymphocytes in blood routine (secondary)   |
| 8  | ChiCTR2000029580       | Recruiting     | January 1, 2020 to December 31, 2020   | Interventional study (Parallel)   | China | Confirmed critical cases of NCoV pneumonia or COVID suspect; informed consent  | Ruxolitinib combined with mesenchymal stem cell                           | Routine treatment   | safety   |
| 9  | ChiCTR2000030866       | Recruiting     | February 1, 2020 to December 31, 2020  | Open-label, observational study   | China | Confirmed critical cases of NCoV pneumonia or COVID suspect; informed consent  | Intravenous infusion of MSC based on conventional treatments              | --  | Mortality in serious and critical patients (primary)   |
| 10 | ChiCTR2000030835       | Recruiting     | February 14, 2020 to February 14, 2021 | Single arm interventional study   | China | Confirmed critical cases of NCoV pneumonia. Severe pneumonia. Informed consent   | Routine Treatment plus High dose MSC (2x10 <sup>6</sup> /kg per infusion) | Routine Treatment + Low dose MSC (1x10 <sup>6</sup> /kg per infusion) | Serious Adverse Events (primary) DRP (secondary)   |
| 11 | ChiCTR2000030224       | Not Recruiting | February 14, 2020 to May 31, 2020      | Interventional study (Parallel)   | China | Critical and severe patients   | mesenchymal stem cells  | Nomral saline   | SP02;lesions of lung CT;temperature;Blood routine;Inflammatory biomarkers;   |
| 12 | ChiCTR2000031319       | Not Recruiting | April 1, 2020 to July 31, 2020         | Randomized Clinical Trial         | China | Patients with confirmed COVID-19 (symptoms, RT-PCR and imaging of pneumonia); severe cases of NCoV pneumonia ; informed consent                        | Routine treatment plus IV human dental pulp stem cells                    | Routine treatment plus placebo  | TTCI   |
| 13 | ChiCTR2000031430       | Recruiting     | March 14, 2020 to December 31, 2021    | Non-randomized case control study | China | Patients with confirmed COVID-19. High-resolution CT indicates interstitial injures in the lungs (honeycomb shadows or grid shadows). Informed consent | Conventional treatment regimen plus MSC treatment                         | Conventional treatment regimen  | Electrocardiogram;St George's Respiratory Questionnaire Score;High resolution CT for chest;Blood gas analysis;Percutaneous blood oxygen saturation;6 min walking distance;Pulmonary function VCmax;Blood routine;Liver and kidney function;Cytokine analysis;Immunoglobulin;Lymphocyte subsets;Coagulation;Myocardial enzymes;Serum ferritin;Procalcitonin;IL-6;Lactic acid;D-Dimer;CRP; |
| 14 | EUCTR2019-002688-89-ES | Ongoing        | July 26, 2019-July 26, 2020            | Phase I/II randomized control     | Spain | Patients with moderate to severe ARDS. With invasive mechanical ventilation (included COVID-19 patients)   | HCR040, a drug whose active substance is HC016                            | placebo   | Adverse events, average stay in ICU (primary)  |



|    |                        |                |                               |   |       |   |   |                                       |  |
|----|------------------------|----------------|-------------------------------|---|-------|---|---|---------------------------------------|--|
|    |                        |                |                               |   |       |   | (allogeneic adipose-derived adult mesenchymal stem cells)   |                                       |  |
| 15 | EUCTR2020-001682-36-ES | Ongoing        | April 14, 2020-April 14, 2021 | Double-blind, placebo-controlled phase I/II   | Spain | Patients with SARS-CoV-2 infection confirmed by molecular testing. Admitted to ICU for severe pneumonia.. | allogeneic mesenchymal stem cells (MSV@-allo)   | placebo                               | Proportion of patients in whom removal of invasive mechanical ventilation has been achieved in less than 7 days after IMP administration. Survival rate at Day 28. (primary) 1. Time to recovery after MSV-allo administration 2. Time to normal imaging 3. Modification in the inflammatory response (labs) 4. Modification in leukocytes and lymphocyte populations. 5. Safety, tolerability and immunogenicity profiles |
| 16 | EUCTR2020-001266-11-ES | Ongoing        | April 16, 2020-April 16, 2021 | Two-center, randomized, control   | Spain | Patients with COVID-19 (by RT-PCR) in respiratory failure requiring intubation and mechanical ventilation | Allogeneic mesenchymal stromal cells isolated from adipose tissue   | Placebo                               | Survival rate at Day 28. Days to normalization of body temp. Days until patient was extubated. and laboratory (primary). Days of ICU/hospitalization/oxygen therapy. Improvement of other clinical and analytical parameters.  |
| 17 | IRCT20140911019125N6   | Recruiting     | April 4, 2020-July 10, 2020   | Phase II clinical trial without control group, community based, not blinded, Non-randomized control | Iran  | Patients with COVID-19 pneumonia  | Conventional medications plus dental pulp mesenchymal stem cells  | --                                    | Pulmonary condition, RNA expression of COVID19 virus, Lymphocytes count, Study of clinical signs on Days 14 and 28.  |
| 18 | IRCT20140528017891N8   | Not Recruiting | March 24, 2020-April 13, 2020 | Phase III, parallel randomized controlled, double blind   | Iran  | Patients with acute form of COVID-19 infection who are confirmed by RT-PCR and HRCT                       | Routine medication plus initial dose of 0.5–1 million / kg of mesenchymal stem cells on Days 1, 3 and 6 (3 doses) | Routine medication plus placebo       | Death, Pneumonia severity index, Oxygen index, C reactive protein, Procalcitonin, Lymphocyte count, CD3 +, CD4 + and CD8 + T cells count, Improved pneumonia using CT scan up to Day 28  |
| 19 | IRCT20200325046860N2   | Trial ended    | March 28, 2020-April 29, 2020 | Phase I   | Iran  | Patients with confirmed COVID-19 and pneumonia (symptoms, chest CT) . No improvement in next 48 hours.    | Conventional medications plus mesenchymal stem cells on   | Conventional medications plus placebo | Respiratory function of patients (every 24 hours after MSC infusion)   |

|    |                      |                    |                                |   |                   |   |   |   |   |
|----|----------------------|--------------------|--------------------------------|---|-------------------|---|---|---|---|
|    |                      |                    |                                |   |                   |   | Days 1, 3 and 6 (3 doses)   |   |   |
| 20 | IRCT20200217046526N1 | Trial ended        | March 15, 2020- April 25, 2020 | Phase I and II, non-controlled non-randomized | Iran              | Confirmation of 2019-nCoV infection by RT-PCR Diagnosis of ARDS. Pneumonia via symptoms and imaging. Mild to Moderate 2019-nCoV pneumonia/ stay in the ICU <48 hours SOFA score between 2-3 point | Conventional medications plus mesenchymal stem cells on Days 1, 3 and 6 (3 doses) | --  | Adverse events assessed 24 hours after each intervention, on days 6, 7, 14 and 28 after the first intervention.   |
| 21 | EUCTR2020-001364-29  | Ongoing            | 4/20/2020                      | Phase I/II                                    | Spain             | Severe COVID-19 pneumonia   | Allogenic adipose tissue-derived mesenchymal stem cells (2 doses)                 | Hydroxychloroquine + Azithromycin or Lopinavir / ritonavir + Interferon $\beta$ -1b + Hydroxychloroquine) | Adverse Events and Serious Adverse Events. Reduction of the SARS-CoV-2 viral load by PCR on days 6 and 15. Mortality at day 15, 28. Proportion of patients in categories 5, 6 or 7 of the ordinal scale of 7 points on days 15 and 28 days. Proportion of patients needing rescue therapy (Tocilizumab, corticosteroids, or therapies under investigation in clinical trials). Time to get an improvement in a category since admission to the ordinal scale. |
| 22 | NCT04315987 HOPE     | Not yet recruiting | Apr-20 Jun-20                  | Single Group Assignment, Open Label           | Sao Paulo, Brazil | COVID-19 Pneumonia  | NestCell <sup>®</sup>   | none  | Change in Clinical Condition<br>Rate of mortality within 10-days<br>Change of Clinical symptoms - respiratory rate<br>Hypoxia, PaO <sub>2</sub> / FiO <sub>2</sub> ratio<br>CD4+ and CD8+ T cell count<br>Changes of blood oxygen<br>Side effects in the treatment group<br>Complete blood count, cardiac, hepatic and renal profiles   |
| 23 | NCT04252118 2020003D | Recruiting         | January 27, 2020 Dec- 21       | Non-Randomized Open Label                     | Beijing, China    | COVID-19  | MSCs  | none  | Size of lesion area by chest radiograph or CT<br>Side effects in the MSCs treatment group<br>Improvement of Clinical symptoms including duration of fever and respiratory<br>Time of nucleic acid turning negative<br>Rate of mortality within 28-days  |



|    |  |                    |                                 |   |                           |  |   |  |   |
|----|--|--------------------|---------------------------------|---|---------------------------|--|---|--|---|
|    |  |                    |                                 |   |                           |  |   |  | CD4+ and CD8+ T cell count, Alanine aminotransferase C-reactive protein Creatine kinase   |
| 24 | NCT04366323<br>AdiQure/COVID-19                    | Not yet recruiting | Apr-20<br>Oct -21               | Randomized<br>Parallel<br>Assignment<br>Open Label                  |                           | Sars-CoV2                                | allogeneic and expanded adipose tissue-derived mesenchymal stem cells |  | Safety of the administration of allogeneic mesenchymal stem cells derived from adipose tissue assessed by Adverse Event Rate<br>Efficacy of the administration of allogeneic mesenchymal stem cells derived from adipose tissue assessed by Survival Rate   |
| 25 | NCT04313322<br>COVID-19                            | Recruiting         | March 16, 2020<br>Sep 30 2020   | Single Group<br>Assignment<br>Open Label                            | Amman,<br>Jordan          | Use of Stem Cells for COVID-19 Treatment | WJ-MSCs   | none                                     | Clinical outcome<br>CT Scan<br>RT-PCR results   |
| 26 | NCT04336254<br>2020K-G005 hDPSC-CoVID-2019-02-2020 | Recruiting         | April 6, 2020<br>March 31, 2021 | Randomized<br>Parallel<br>Assignment<br>Masking:<br>Triple blind    | Wuhan,<br>Hubei,<br>China | COVID-19                                 | allogeneic human dental pulp stem cells (BSH BTC & Utooth BTC)        | Intravenous saline injection (Placebo)   | TTCI<br>Lung lesion<br>Immune function<br>Time of SARS-CoV-2 clearance<br>Blood test, SPO2, C-reactive protein (mg/L)<br>RR, Body temperature<br>Side effects in the treatment group  |
| 27 | NCT04288102<br>2020-013-D                          | Recruiting         | March 5, 2020<br>July 31, 2020  | Randomized<br>Parallel<br>Assignment<br>Masking:<br>Quadruple blind | Wuhan,<br>Hubei,<br>China | Corona Virus Disease 2019(COVID-19)      | MSCs  | Saline containing 1% Human serum albumin | Size of lesion area and severity of pulmonary fibrosis by chest CT<br>mMRC (Modified Medical Research Council) dyspnea scale<br>Oxygenation index( PaO2/FiO2)<br>Duration of oxygen therapy(days)<br>Duration of hospitalization(days)<br>Blood oxygen saturation<br>CD4+ T cell count and cytokine level<br>Side effects in the MSCs treatment group |

|    |  |                         |                                    |   |                                |   |              |          |   |
|----|--|-------------------------|------------------------------------|---|--------------------------------|---|--------------|----------|---|
|    |  |                         |                                    |   |                                |   |              |          | 6-minute walk test,<br>Maximum vital capacity (VCmax), Diffusing Capacity (DLCO)  |
| 28 | NCT04346368<br>SC-2020-01                      | Not yet recruiting      | Apr-20<br>Dec-20                   | Randomized<br>Parallel<br>Assignment<br>Masking:<br>Single<br>(Participant) | Guangzhou,<br>Guangdong, China | Coronavirus Disease 2019 (COVID-19)       | BM-MSCs      | Placebo  | Changes of oxygenation index (PaO2/FiO2)<br>Side effects in the BM-MSCs treatment group<br>Clinical outcome, Hospital stay<br>CT Scan<br>Changes in viral load<br>Changes of CD4+, CD8+ cells count and concentration of cytokines, Changes of C-reactive protein<br>Rate of mortality within 28-days |
| 29 | NCT04273646<br>202001                          | Not yet recruiting      | April 20, 2020<br>Feb 15, 2022     | Randomized<br>Parallel<br>Assignment<br>Open Label                          | Wuhan,<br>Hubei,<br>China      | 2019 Novel Coronavirus Pneumonia COVID-19 | UC-MSC       | Placebo  | Pneumonia severity index<br>Oxygenation index (PaO2/FiO2)<br>Side effects in the UC-MSCs treatment group<br>28-days survival<br>Sequential organ failure assessment<br>C-reactive protein,<br>Procalcitonin, Lymphocyte count, CD3+, CD4+ and CD8+ T cell count, CD4+/CD8+ratio                       |
| 30 | NCT04348435<br>Allogeneic COVID-19 Protection  | Enrolling by invitation | April 23, 2020<br>April 30, 2021   | Randomized<br>Parallel<br>Assignment<br>Masking:<br>Quadruple blind         | Texas,<br>United States        | COVID-19                                  | HB-adMSCs    | Placebos | Incidence of hospitalization for COVID-19<br>Incidence of symptoms associated with COVID-19<br>Absence of upper/lower respiratory infection<br>Laboratory tests, inflammatory markers<br>Cytokine levels- TNF alpha, IL-6, IL-10<br>SF-36, PHQ-9  |
| 31 | NCT04366063<br>991919 IRCT2020021704652<br>6N2 | Recruiting              | April 5, 2020<br>December 10, 2020 | Randomized<br>Parallel<br>Assignment<br>Open Label                          | Tehran,<br>Iran                | Covid-19                                  | Cell therapy |          | Adverse events assessment<br>Blood oxygen saturation<br>Intensive care unit-free days<br>Clinical symptoms<br>Respiratory efficacy  |

|    |  |                         |                                   |  |                      |  |  |  |   |
|----|--|-------------------------|-----------------------------------|--|----------------------|--|--|--|---|
|    |  |                         |                                   |  |                      |  |  |  | Biomarkers concentrations in plasma   |
| 32 | NCT04382547<br>IBCE_MSC2(Covid)            | Not yet recruiting      | May 11, 2020<br>June 30, 2021     | Non-Randomized Parallel Assignment Open Label        | Minsk, Belarus       | COVID Covid-19 Coronavirus Pneumonia Pneumonia Viral Pneumonia, Interstitial Sars-CoV2 | Allogenic pooled olfactory mucosa-derived mesenchymal stem cells | Standard treatment according to the Clinical protocols | Number of cured patients<br>Number of patients with treatment-related adverse events  |
| 33 | NCT04339660<br>Pr20200402                  | Recruiting              | February 1, 2020<br>June 30, 2020 | Randomized Parallel Assignment Masking: Triple blind | Wuhan, Hubei, China  | COVID-19   | UC-MSCs  | Placebo  | Cytokine levels- TNF, IL-1, IL-6, TGF, IL-8, TGF-beta<br>CRP, Peripheral blood count<br>Blood oxygen saturation<br>Rate of mortality within 28-days<br>Size of lesion area by chest imaging<br>CD4+ and CD8+ T cells count<br>Recovery time<br>Duration of respiratory symptoms (fever, dry cough, difficulty breathing, etc.)<br>COVID-19 nucleic acid negative time |
| 34 | NCT04349631<br>Protection Against COVID-19 | Enrolling by invitation | May 7, 2020<br>Dec 31, 2020       | Single Group Assignment Open Label                   | Texas, United States | COVID-19   | HB-adMSCs  | none   | Incidence of hospitalization for COVID-19<br>Incidence of symptoms for COVID-19<br>absence of upper/lower respiratory infection<br>Laboratory tests<br>Cytokine levels- TNFalpha, IL-6, IL-10<br>C-reactive protein<br>SF-36, PHQ-9   |
| 35 | NCT04352803<br>COVID-MSCIV                 | Not yet recruiting      | Apr-20<br>Apr-26                  | Non-Randomized Sequential Assignment Open Label      |                      | Covid-19 Pneumonia Cytokine Storm  | Autologous Adipose MSC's   | none   | Safety - Incidence of unexpected adverse events<br>Efficacy - Frequency of progression to mechanical ventilation, Changes in length of mechanical ventilation, Changes in length of weaning of mechanical ventilation, Changes in length of hospital stay, Changes in mortality rate  |

|    |   |                              |                                     |  |  |   |  |                     |  |
|----|---|------------------------------|-------------------------------------|--|--|---|--|---------------------|--|
| 36 | NCT04302519<br>KT005HB001                         | Not yet recruiting           | March 5, 2020<br>July 30, 2021      | Non-randomized<br>Single Group<br>Assignment<br>Open Label                           |  | COVID-19  | Dental pulp<br>mesenchymal stem cells                                  | none                | Disappearance time of<br>ground-glass shadow in the<br>lungs<br>Absorption of Lung shadow<br>absorption by CT Scan-Chest<br>Changes of blood oxygen  |
| 37 | NCT04355728<br>20200370                           | Recruiting                   | April 25, 2020<br>May 1, 2021       | Randomized<br>Parallel<br>Assignment<br>Masking:<br>Single<br>(Outcomes<br>Assessor) | Miami,<br>Florida,<br>United<br>States | Corona Virus<br>Infection ARDS ARDS,<br>Human Acute Respiratory Distress<br>Syndrome COVID-19 | Umbilical<br>Cord<br>Mesenchymal Stem<br>Cells                         | Standard of<br>Care | Incidence of pre-specified<br>infusion associated adverse<br>events<br>Incidence of Severe Adverse<br>Events<br>Survival rate after 90 days<br>post first infusion<br>Ventilator-Free Days Change<br>in Oxygenation Index (OI)<br>Plat-PEEP<br>Sequential Organ Failure<br>Assessment (SOFA) Scores<br>Small Identification Test (SIT)<br>scores<br>Troponin I levels C-Reactive<br>Protein levels Arachidonic<br>Acid (AA). Eicosapentaenoic<br>Acid (EPA) Ratio, D-dimer<br>levels, 25-Hydroxy Vitamin D<br>levels, Alloantibodies levels,<br>Blood white cell count,<br>Platelets count |
| 38 | NCT04371601<br>MSC-CoVID-2020                     | Active,<br>not<br>recruiting | March 1,<br>2020<br>Dec 31,<br>2022 | Randomized<br>Parallel<br>Assignment<br>Open Label                                   | Fujian,<br>China                       | COVID-19 Pneumonia  | Oseltamivir<br>Hormones<br>Oxygen<br>therapy<br>mesenchymal stem cells |                     | Changes of oxygenation<br>index (PaO <sub>2</sub> /FiO <sub>2</sub> ), blood gas<br>Detection of TNF- $\alpha$ levels, IL-<br>10 levels<br>Detection of immune cells<br>that secrete cytokines,<br>including CXCR3+, CD4+,<br>CD8+, NK+ cells, and<br>regulatory T cells (CD4 +<br>CD25 + FOXP3 + Treg cells).<br>Changes of c-reactive protein<br>and calcitonin  |
| 39 | NCT04366271<br>MESCEL-COVID19  2020-<br>001450-22 | Recruiting                   | May 7,<br>2020<br>May 31,<br>2021   | Randomized<br>Parallel<br>Assignment<br>Open Label                                   | Madrid,<br>Spain                       | COVID   | Mesenchymal cells  | Standard of<br>care | Mortality due to lung<br>involvement due to SARS-<br>CoV-2 virus infection at 28<br>days of treatment<br>440Mortality due to lung<br>involvement due to SARS-  |

|    |  |                    |  |   |                               |          |          |         |   |
|----|--|--------------------|--|---|-------------------------------|----------|----------|---------|---|
|    |  |                    |  |   |                               |          |          |         | <p>CoV-2 virus infection at 14 days of treatment</p> <p>Mortality from any cause at 28 days</p> <p>Days without mechanical respirator and without vasopressor treatment for 28 days</p> <p>Patients alive without mechanical ventilation and without vasopressors on day 28</p> <p>Patients alive and without mechanical ventilation on day 14, day 28</p> <p>Patients alive and without vasopressors on day 28</p> <p>Days without vasopressors for 28 days</p> <p>Patients cured at 15 days</p> <p>Incidence of Treatment-Emergent Adverse Events</p> |
| 40 | NCT04293692<br>Pr20200225                    | Withdrawn          | February 24, 2020<br>February 25, 2020 | Randomized Parallel Assignment<br>Masking: Triple blind | Wuhan, Hubei, China           | COVID-19 | UC-MSCs  | Placebo | <p>Size of lesion area by chest imaging</p> <p>Blood oxygen saturation</p> <p>Rate of mortality within 28-days</p> <p>Sequential organ failure assessment</p> <p>Side effects in the UC-MSCs treatment group</p> <p>Electrocardiogram, the changes of ST-T interval mostly</p> <p>Concentration of C-reactive prote</p> <p>Immunoglobulin, CD4+ and CD8+ T cells count</p> <p>Concentration of the blood cytokine (IL-1<math>\beta</math>, IL-6, IL-8, IL-10, TNF-<math>\alpha</math>), Concentration of the myocardial enzymes</p>                     |
| 41 | NCT04362189<br>Allogeneic Treatment COVID-19 | Not yet recruiting | May 15, 2020<br>October 31, 2020       | Randomized Parallel Assignment                          | Houston, Texas, United States | COVID-19 | HB-adMSC | Placebo | <p>28-day mortality</p> <p>Invasive mechanical ventilation</p> <p>Leukocyte differential, C Reactive protein</p>  |

|    |                                 |                       |   |  |                           |  |  |         |  |
|----|---------------------------------|-----------------------|---|--|---------------------------|--|--|---------|--|
|    |                                 |                       |   | Masking:<br>Quadruple<br>blind   |                           |  |  |         | TNF alpha, IL-6<br>Blood chemistry<br>NK cell surface antigen (CD3-<br>CD54+)<br>CD4+/CD8+ ratio<br>IL-10, VEGF, D-dimer,<br>Myoglobin, Troponin,<br>Creatinine kinase, Serum<br>ferritin  |
| 42 | NCT04377334<br>RESCOVID         | Not yet<br>recruiting | May-20<br>Feb-21                          | Randomized<br>Parallel<br>Assignment<br>Open Label                     | Tuebinge<br>n,<br>Germany | ARDS   COVID-19                            | MSC  |         | lung injury score<br>D-dimers, phenotype, pro-<br>resolving lipid mediators<br>cytokines   chemokines<br>Survival, extubation,<br>lymphocyte subpopulations<br>SARS-CoV-2-specific antibody<br>titers<br>Complement molecules (C5-<br>C9)  |
| 43 | NCT04348461<br>BALMYS-19        | Not yet<br>recruiting | April 6,<br>2020<br>September 30,<br>2020 | Randomized<br>Parallel<br>Assignment<br>Masking:<br>Quadruple<br>blind |                           | COVID   Respiratory Distress<br>Syndrome   | Allogeneic<br>and<br>expanded<br>adipose<br>tissue-<br>derived<br>mesenchym<br>al stromal<br>cells |         | Efficacy- Survival Rate<br>Safety- Adverse Event Rate  |
| 44 | NCT04371393<br>GCO 08-1078-0014 | Recruitin<br>g        | April 30,<br>2020<br>Apr-22               | Randomized  <br>Parallel<br>Assignment<br>Masking:<br>Triple blind     | United<br>States          | Mesenchymal Stromal Cells<br>Remestemcel-L | Remestemc<br>el-L  | Placebo | Number of all-cause<br>mortality<br>Number of days alive off<br>mechanical ventilatory<br>support<br>Number of adverse events<br>Number of participants alive<br>at day 7, 14, 60, 90<br>Number of participants with<br>resolution and/or<br>improvement of ARDS<br>Change from baseline of the<br>severity of ARDS<br>Length of stay<br>Clinical Improvement Scale<br>Change in serum hs-CRP, IL-<br>6, IL-8, TNF-alpha |



|    |  |                    |                                   |  |   |   |   |                                 |  |
|----|--|--------------------|-----------------------------------|--|---|---|---|---------------------------------|--|
| 45 | NCT04345601<br>H-47561 MSC for COVID-19    | Not yet recruiting | May-20<br>Feb-22                  | Single Group<br>Assignment<br>Open Label                               | Houston,<br>Texas,<br>United<br>States                | Sars-CoV2<br>Acute Respiratory Distress<br>Syndrome<br>COVID-19 | Mesenchymal<br>Stromal<br>Cells                                     | none                            | Incidence of unexpected<br>adverse events<br>Improved oxygen saturations<br>Decrease in oxygen<br>supplementation by non-<br>invasive or invasive<br>interventions<br>Frequency of progression to<br>mechanical ventilation or<br>ECMO<br>Duration of mechanical<br>ventilation, ICU stay,<br>hospital stay<br>All-cause mortality at day 28   |
| 46 | NCT04361942<br>TerCel_007   2020-001682-36 | Recruiting         | Apr-20<br>December<br>31,<br>2020 | Randomized<br>Parallel<br>Assignment<br>Masking:<br>Triple blind       | Valladolid,<br>Spain                                  | COVID-19 Pneumonia  | Mesenchymal<br>Stromal<br>Cells                                     | Placebo                         | Proportion of patients who<br>have achieved withdrawal of<br>invasive mechanical<br>ventilation<br>Rate of mortality<br>Proportion of patients who<br>have achieved clinical<br>response<br>Proportion of patients who<br>have achieved radiological<br>responses  |
| 47 | NCT03042143<br>16154DMcA-AS                | Recruiting         | January<br>7, 2019<br>Oct-22      | Randomized<br>Parallel<br>Assignment<br>Masking:<br>Quadruple<br>blind | Belfast,<br>Northern<br>Ireland,<br>United<br>Kingdom | Acute Respiratory Distress<br>Syndrome                          | Human<br>umbilical<br>cord<br>derived<br>CD362<br>enriched<br>MSCs: | Placebo<br>(Plasma-Lyte<br>148) | Oxygenation index (OI)<br>Incidence of Serious Adverse<br>Events (SAEs)<br>Oxygenation<br>index   Sequential Organ<br>Failure Assessment (SOFA)<br>score<br>Respiratory compliance (Cr <sub>s</sub> )<br>Partial pressure of arterial<br>oxygen to the fraction of<br>inspired oxygen ratio (P/F<br>ratio)<br>Driving Pressure   Extubation<br>and reintubation<br>Ventilation free days at day<br>28<br>Length of ICU and hospital<br>stay<br>28-day and 90-day mortality |
| 48 | NCT04269525<br>2020002                     | Recruiting         | February<br>6, 2020               | Single Group<br>Assignment<br>Open Label                               | Wuhan,<br>Hubei,<br>China                             | Pneumonia, Viral   Pneumonia,<br>Ventilator-Associated          | UC-MSCs   | none                            | Oxygenation index<br>28 day mortality   Hospital<br>stay   |

|    |  |            |                                |  |               |   |   |           |   |
|----|--|------------|--------------------------------|--|---------------|---|---|-----------|---|
|    |  |            | September 30, 2020             |  |               |   |   |           | 2019-nCoV nucleic acid test<br>Improvement of lung imaging examinations<br>White blood cell count, Lymphocyte count, Lymphocyte percentage<br>Procalcitonin<br>interleukin(IL-2, IL-4, IL-6, IL-8, IL-10<br>Tumor necrosis factor(TNF), interferon(IFN)   |
| 49 | NCT04333368<br>APHP200395 2020-001287-28 | Recruiting | April 6, 2020<br>July 31, 2021 | Randomized<br>Parallel<br>Assignment<br>Masking:<br>Triple blind | Paris, France | Severe Acute Respiratory Syndrome Coronavirus 2<br>Severe Acute Respiratory Distress Syndrome | Umbilical cord<br>Wharton's jelly-derived human | NaCl 0.9% | Respiratory efficacy evaluated by the increase in PaO <sub>2</sub> /FiO <sub>2</sub> ratio from baseline to day 7 in the experimental group compared with the placebo group<br>Lung injury score, Oxygenation index<br>In-hospital mortality, Total mortality<br>Ventilator-free days<br>Number of days between randomization and the first day the patient meets weaning criteria<br>Number of days between randomization and the first day the patient meets PaO <sub>2</sub> /FiO <sub>2</sub> > 200 (out of a prone positioning session)<br>Cumulative use and duration of sedatives<br>Cumulative use & duration of neuromuscular blockers<br>ICU-acquired weakness and delirium<br>Treatment-induced toxicity & adverse events up to day 28<br>Quality of life at one year (EQ5D-3L)<br>Measurements of plasmatic cytokines (IL1, IL6, IL8, TNF-alpha, IL10, TGF-beta, sRAGE, Ang2) level |

|    |   |                    |                                    |   |                     |  |  |      |  |
|----|---|--------------------|------------------------------------|---|---------------------|--|--|------|--|
|    |   |                    |                                    |   |                     |  |  |      | Anti-HLA antibodies plasmatic dosage   |
| 50 | NCT04299152<br>2020-TH-001                    | Not yet recruiting | May 10, 2020<br>November 10, 2020  | Randomized Parallel Assignment<br>Masking: Single (Care Provider) |                     | Severe Acute Respiratory Syndrome (SARS) Pneumonia | Stem Cell Educator-Treated Mononuclear Cells Apheresis |      | Determine the number of Covid-19 patients who were unable to complete SCE Therapy<br>Examine the percentage of activated T cells after SCE therapy by flow cytometry<br>Assess the percentage of Th17 cells by flow cytometry<br>Chest imaging changes by computed tomography (CT) scan of the chest<br>Quantification of SARS-CoV-2 viral load ( real time RT-PCR)    |
| 51 | NCT04341610<br>EudraCT number: 2020-001330-36 | Not yet recruiting | April 20, 2020<br>April 30, 2021   | Randomized Parallel Assignment<br>Masking: Quadruple blind        | Copenhagen, Denmark | Respiratory Tract Diseases                         | Stem Cell Product                                      |      | Changes in clinical critical treatment index<br>Days of respirator treatment Improvement of clinical symptoms including duration of fever and respiratory need<br>Mortality<br>CD4+ and CD8+ T cell count, Cytokine profile<br>C-reactive protein , leucocyte<br>Glomerular Filtration Rate, Duration of hospitalization   |
| 52 | NCT04276987<br>MEXCOVID                       | Not yet recruiting | February 15, 2020<br>July 31, 2020 | Single Group Assignment<br>Open Label                             |                     | Coronavirus  | MSCs-derived exosomes                                  | none | Adverse reaction (AE) and severe adverse reaction (SAE)<br>Time to clinical improvement (TTIC)<br>Number of patients weaning from mechanical ventilation<br>Duration (days) of ICU monitoring<br>Duration (days) of vasoactive agents usage<br>Duration (days) of mechanical ventilation supply<br>Number of patients with improved organ failure<br>Rate of mortality |

